

SAN DIEGO GIRLS' HIGH SCHOOL PREVIEW 2008 – 2009

Top 10:

1) Bishop's	Coastal South	Division 4
2) La Jolla Country Day	Coastal South	Division 4
3) Mt. Miguel	Grossmont South	Division 2
4) Eastlake	Mesa	Division 1
5) Cathedral Catholic	Western	Division 3
6) Mater Dei Catholic	Mesa	Division 4
7) Poway	Palomar	Division 1
8) La Costa Canyon	Avocado	Division 1
9) Mt. Carmel	Valley	Division 2
10) West Hills	Grossmont North	Division 2

Others: Canyon Crest (Coastal South), El Capitan (Grossmont North), Granite Hills(Grossmont South), Our Lady Of Peace (Western), Ramona(Valley), San Diego (Eastern) , Santana (Grossmont North) Westview (Valley)

Pre-season CIF Division Champion predictions

Division 1: (22 teams)	#1Eastlake	#2Poway	#3La Costa Canyon	#4SanDiego
Division 2: (22 teams)	#1Mt. Miguel	#2Mt. Carmel	#3West Hills	#4Ramona
Division 3: (22 teams)	#1Cathedral Catholic	#2Our Lady of Peace	#3Canyon Crest	#4Santana
Division 4: (18 teams)	#1Bishop's	#2La Jolla Country Day	#3Mater Dei Catholic	#4Horizon
Division 5: (20 teams)	#1Calvin Christian	#2Escondido Adventist	#3Christian Life	#4VincentMemorial

Pre-Season All-County Selections

Player of the Year:	Inga Orekhova	Sr	Bishop's
1st Team, All-County:	Ebone Henry	Sr	Mater Dei Catholic
	Victoria Lippert	Sr	Cathedral Catholic
	Cheyenne Curley-Payne	Sr	Eastlake
	Gizelle Studevent	Sr	Bishop's
	Danesia Williamson	Sr	Mt. Miguel
2nd Team, All-County:	Ashley Duffy	Sr	El Capitan
	Ariana Elegado	Jr	La Jolla Country Day
	Gillian Howard	So	La Jolla Country Day
	Katie Kuklock	So	Poway
	Jhazmine Lynch	Sr	Mater Dei Catholic
3rd Team, All-County:	Alisha Eckberg	Sr	Canyon Crest Academy
	Alix Johnson	Jr	Mt. Carmel
	Katelyn Rowe	Sr	La Costa Canyon
	Sherika Miller	Jr	West Hills
	Emily Osga	Sr	Patrick Henry
Newcomer of the Year:	Tia Dixon	Fr	San Diego

League & Team Previews (Alphabetical listing)

Avocado League

1) La Costa Canyon (Division 1, La Costa Canyon)

Head Coach: John Labeta

Last year's record: 15-14 overall; 4-6, fourth in Palomar League)

Key players: Katelyn Rowe (6-2). Senior forward, Anna Wofford (5-11), sophomore point guard, Jen Dumiac (5-10), junior guard Brooke Berry (5-5) junior guard Alissa Clark (5-5). Junior forward Nichole Downing (5-8), sophomore forward Nina Martin (5-7) sophomore forward Madisen Irwin

2) Escondido (Division 1, Escondido)

Head Coach: Chris Williams

Last year's record: 20-10 overall; 11-1, first in Valley League

Key players: Senior center Emily Aragon (6-3), junior forward Chandra Williams (5-8), senior guard Chauntel McCoy (6-0), senior center Yvonne Lenot (5-10). Senior point guard Amanda Rawlings (5-6)

3) San Pasqual (Division 1, Escondido)

Head Coach: Beck Flanagan

Last year's record: 18-12 overall; 7-5, third in Valley League

Key players: senior guard Elisa Minamide (5-6) senior guard Brittany Nelson (5-9) Junior guard Erica Windham (5-10) senior centers Rebecca Bliss (6-1) and Kara Gustafson (6-0).

4) Mission Hills (Division 1, San Marcos)

Head Coach: Chris Kroesch

Last year's record: 13-15 overall; 5-7, fifth Valley League

Key players: junior center Jolie Willis (6-0) sophomores Melissa Allen (5-6), point guard, Jordan Burton (5-5), guard, Stephanie Higgins (5-6), guard Sophomore point guard Ashley Witherspoon (5-7)

5) Torrey Pines (Division 1, Del Mar)

Head Coach: Amanda Polidoro

Last year's record: 9-20 overall; 0-10, sixth in Palomar League

Key players: Megan Fenessay (5-9) sophomore, Heather Serven, junior

6) Fallbrook (Division 1, Fallbrook)

Head Coach: Roger Moses

Last year's record: 0-19 overall; 0-10, sixth in league

Key players: Tara Burke Delaney Cassidy, sophomore point guard, junior guard Frankie Custodio (5-8), junior center Giovana Nakamoto (5-8), sophomore forward Sarah Lopez (5-8).

Central League

1) Coronado (Division 4, Coronado)

Head Coach: Toler Goodwin
Last year's record: 18-10
Key players:

2) Crawford (Division 3, San Diego)

Head Coach:
Last year's record: 17-9
Key players:

3) Point Loma (Division 2, Pt. Loma)

Head Coach:
Last year's record: 7-20
Key players:

4) Kearny (Division 3, Kearny Mesa)

Head Coach:
Last year's record: 5-17
Key players:

5) Clairemont (Division 3, Clairemont)

Head Coach: Dennis Perry
Last year's record: 6-15
Key players:

6) Madison (Division 3, Kearny Mesa)

Head Coach: Lowe Leasau
Last year's record: 4-19
Key players:

7) Christian (*Division 4, El Cajon*)

Head Coach: Skip Gerlek
Last year's record: 1-24
Key players:

Citrus East League

1) Vincent Memorial (Division 5, Calexico)

Head Coach: Jesus Gonzalez

Last year's record: 22-6

Key players:

2) Julian (Division 5, Julian)

Head Coach: Jeff Jones

Last year's record: 6-18

Key players: **Jenn Rainey** 5'6" Senior G **Rowlynda Moretti** 5'5" Sophomore F **Leah**

Keane 5'4" Sophomore G

3) Borrego Springs (Division 5, Borrego Springs)

Head Coach: April Olsen

Last year's record: 5-17

Key players:

4) Warner Springs (Division 5, Warner Springs)

Head Coach: Bill Langill

Last year's record: 1-10

Key players:

Citrus North League

1) Christian Life (Division 5, Escondido)

Head Coach: Scott Boyens

Last year's record: 20-4 overall; 9-1, first in league

Key players: Junior guard Melanie Lombardi, junior forward Bonnie Youngdale senior forward Kimmy Iverson Senior forward Kathleen Burke (6-0) and freshman guard Gabrielle Cabrera. Freshman forward Anna Buffini figures

2) Escondido Adventist (Division 5, Escondido)

Head Coach: Michael DeFreece

Last year's record: 23-5 overall; 9-1, first in league

Key players: guard Rebecca Jones (5-2) junior guard Sarah Peterson (5-7). Sophomore forward-guard Kaitlyn Knab (5-6), junior center Celina Quevas (5-11) and sophomore forward Elise Nicola

3) San Diego Jewish Academy (Division 5, San Diego)

Head Coach:

Last year's record:

Key players:

4) San Pasqual Academy (Division 5, Escondido)

Head Coach: Tia Moore

Last year's record: 14-11 overall; 6-4, third in league

Key players: forward Simone Hidds-Narcisse (5-8), center Dachuray Davis (5-11) guards Alanna Ruiz (5-5) Belen Gomez (5-6). guard Adrianna Ruiz (5-7) guard Beatriz Laprada (5-5)

5) Guajome Park (Division 4, Vista)

Head Coach: Luis Llamas

Last year's record: 5-10 overall; 3-7, fifth in league

Key players:

6) Calvary Christian (Division 5, Vista)

Head Coach: Joe Biernacki

Last year's record: 2-15 overall

Key players: senior forwards Amy Salvato and Hannah Biernacki, junior center Amber Biernacki, junior guard Sarah Montoya and sophomore guard Katlyn Chermak. Freshman center Morgan Dewberry

Citrus South League

1) **Midway Baptist** (Division 5, San Diego)

Head Coach:
Last year's record: 12-6
Key players:

2) **Calvary Christian (Division 5, Chula Vista)**

Head Coach: Frank Henry
Last year's record: 7-11
Key players:

3) **Foothills Christian** (Division 5, El Cajon)

Head Coach: Tom Edelin
Last year's record: 8-11
Key players:

4) **Lutheran** (Division 5, San Diego)

Head Coach: Brian Buckalew
Last year's record: 9-9
Key players: **Leera Tripp** 5'7" Sophomore G **Brianna Hughes** 5'11" Sophomore F
Addison Griede 5'10" Sophomore

5) **Mountain Empire** (Division 4, Pine Valley)

Head Coach: Chris Anderson
Last year's record: 2-12
Key players:

6) **San Diego Academy** (Division 5, National City)

Head Coach: Ollie Hardin
Last year's record: 2-13
Key players:

Coastal North League

1) **San Dieguito Academy** (Division 3, Encinitas)

Head Coach: Jim Segovia

Last year's record: 20-8 overall; 5-1, first in league

Key players: junior forward Kalyn McMacklin (5-8), sophomore guard Catherine Oswald (6-0), junior center Kim-Ashleigh Mostert (5-11) senior forward Paige Crickmore (5-10). Sophomore guard Evetta Agrahanova (5-4) Freshman guard Megan Hatfield (5-7) and freshmen twins Harper Crickmore (6-0), a center Blair Crickmore (5-11), forward

2) **Santa Fe Christian** (Division 4, Solana Beach)

Head Coach: Marc Vilas

Last year's record: 21-7 overall; 3-3, third in league

Key players: Brittany Pace and junior guard Kiara Quinn, Senior forward Jo Carlson (5-7) senior forward Erin Dimry (5-10), senior guard-forward Alex Vilas (5-6) junior guard Katie Weisenberger (5-7)

3) **Calvin Christian** (Division 5, Escondido)

Head Coach: Brad Jansen

Last year's record: 21-9 overall; 4-2, second in league

Key players: Senior forward Michelle Bearg (5-8) senior center-forward Elise Van Dam sophomore point guard Jessica Jacobi (5-5), junior center Melissa Brouwer (6-0) junior forward Tanya Vos (5-8). Sophomore center Janelle Judson (6-0)

4) **Tri-City Christian** (Division 5, Vista)

Head Coach: Stan Bickley

Last year's record: 5-22 overall; 0-6, fourth in league

Key players: Katie Griswold (5-2), point guard Jessica Chappell (5-6) Natalie Harper (5-6). center Courtney Pettaway (5-10) forward-center Faith Kraatz (5-9) guard-forward Hannah Brenzel (5-5) center Sarah Zimmerman

Coastal South League

1) **Bishop's** (Division 4, La Jolla)

Head Coach: Marlon Wells

Last year's record: 21-10

Key players: **Gizelle Studevent** 6'0" Senior G **Inga Orekhova** 6'3" Senior F/C **Elaina**

White 5'11" Junior F

2) **La Jolla Country Day** (Division 4, La Jolla)

Head Coach: Terri Bamford

Last year's record: 16-5

Key players: **Ariana Elegado** 5'6" Junior PG **Gillian Howard** 6'4" Sophomore F/C

Chemayne Shipley 5'9" Junior G

3) **Canyon Crest** (Division 3, San Diego)

Head Coach: Terry Ryan

Last year's record: 16-12 overall; 3-5, fourth in league

Key players: Forward Alisha Eckberg. Guard Meghan Brown (5-8) Sophomore forward Katie Twyman (5-9), senior point guard Jessica Yuan (5-3) freshman center Stephanie Bieler (5-10)

4) **Horizon Christian** (Division 4, Clairemont)

Head Coach: Victoria Carrington

Last year's record: 18-14

Key players: **Kimbreli Flournoy** Sophomore **Monique Correia** Senior

5) **Francis Parker** (Division 4, Linda Vista)

Head Coach: Lakeysha Wright

Last year's record: 19-7

Key players: **Jessica Anderson** 5'10" Sophomore G/F **Ashley Bertz** 5'7" Senior G **Jordan**
Thayer 5'11" Junior F/C

Desert League

1) **Palo Verde Valley** (Division 4, Blythe)

Head Coach: Gerald Edwards
Last year's record: 16-11
Key players:

2) **Imperial** (Division 4, Imperial)

Head Coach: Rich Ponchione
Last year's record: 19-11
Key players:

3) **Holtville** (Division 4, Holtville)

Head Coach: Veronica Estrada
Last year's record: 4-13
Key players: **Tisha Williams Jessica Lizarraga Valerie Mendoza**

4) **Calipatria** (Division 4, Calipatria)

Head Coach: Lalo Navarro
Last year's record: 3-13
Key players:

Eastern League

1) **Patrick Henry** (Division 1, Allied Gardens)

Head Coach: Nick Bertaux

Last year's record: 25-6

Key players: Emily Osga 5'9" Senior G Amy Vietry 5'2" Junior G

Lindsay Thorstenson 5'6" Junior G

2) **San Diego** (Division 1, San Diego)

Head Coach: Lonnie Jones

Last year's record: 17-10

Key players: **Julie Ruiz** Senior G Tynetta Turner Senior F Tia Dixon Freshman G Andrea

Byrd Junior C

3) **Mira Mesa** (Division 1, Mira Mesa)

Head Coach: Paul Tessaro

Last year's record: 16-12

Key players: **Katrina Aguirre** 5'4" Senior G **Shelby Watson** 5'9" Senior W **Cristina**

Gasgonia 5'9" Senior W

4) **Morse** (Division 1, San Diego)

Head Coach: Deadrick Robinson

Last year's record: 6-16

Key players:

5) **Serra** (Division 2, Tierrasanta)

Head Coach: Cory

Last year's record: 20-10

Key players: **Katy Sirota** 5'9" Junior G/F **Angela Eley** 5'9" Senior G/F **Tiania Williams**

5'7.5" Senior PG

6) **Hoover** (Division 2, San Diego)

Head Coach: Archie Robinson

Last year's record: 7-10

Key players:

Frontier League

1) Children's Creative & Performing Arts Academy (San Diego, CA)

2) **St. Joseph Academy** (Division 5, San Marcos)

Head Coach: Steve Cavellier

Last year's record: 14-5

Key players: **Jenny Cavellier** 5'8" Senior PG **Rachel Robinson** 5'7"
Sophomore G **Monique Robinson** 5'7" Sophomore G

3) **Escondido Charter** (Division 4, Escondido)

Head Coach: Chris Keyser

Last year's record: 15-9

Key players: **Natasha Keyser** 5'6" Sophomore G **Amy Morley** 6'1"
Senior C **Samantha Budvarson** 5'6" Senior G/F

4) **Preuss** (Division 4, La Jolla)

Head Coach: TJ Carr

Last year's record: 9-12

Key players:

5) **Southern California Yeshiva** (Division 5, La Jolla)

Head Coach:

Last year's record:

Key players:

6) **High Tech High** (Division 3, San Diego)

Head Coach:

Last year's record: 2-10

Key players:

7) **Maranatha Christian Academy** (Division 5, Poway)

Head Coach:

Last year's record: 0-8

Key players:

Grossmont North League

1) **West Hills** (Division 2, Santee)

Head Coach: Ryan Kinser

Last year's record: 23-7

Key players: **Marilyn Naderhoff** 5'7" Junior PG **Sherika Miller** 5'10" Junior F **Kimberly**

Clark 5'7" Junior G

2) **El Capitan** (Division 2, Lakeside)

Head Coach: Frank Quinones

Last year's record: 22-8

Key players: **Ashley Duffy** 5'10" Senior G **Taylor Autry** 5'11" Senior G/F **Amber Rel-**

Solia 6'0" Sophomore F/C

:

3) **Santana** (Division 3, Santee)

Head Coach:

Last year's record: 19-10

Key players

4) **Grossmont** (Division 1, Grossmont)

Head Coach: Meagan Long

Last year's record: 12-12

Key players:

5) **El Cajon Valley** (Division 2, El Cajon)

Head Coach: Randy Robinson

Last year's record: 8-21

Key players: **Hazel Doe** 5'2" PG **Erin Robinson** 5'8" F **Tericka Williams** 5'8" G/F

Grossmont South League

1) **Mt. Miguel** (Division 2, Spring Valley)

Head Coach: Red/Black

Last year's record: 20-7

Key players: **Danesia Williamson** 5'6" Senior PG **Nicole Fountain** 5'8" Junior SG

Danielle Miller 5'7" Sophomore G

2) **Granite Hills** (Division 1, El Cajon)

Head Coach: Jerry Parker

Last year's record: 20-10

Key player **Sabrina Jimenez** 5'8" Junior G **Lauren Bender** 6'0" Senior C **Laruen**

Koblischke 5'8" Senior G

3) **Helix** (Division 2, La Mesa)

Head Coach: Trina Meredith

Last year's record: 12-16

Key players:

4) **Steele Canyon** (Division 2, Rancho San Diego)

Head Coach: Penny Smith

Last year's record: 12-15

Key players:

5) **Valhalla** (Division 2, El Cajon)

Head Coach: Carlos Moss

Last year's record: 2-24

Key players:

6) **Monte Vista** (Division 3, Spring Valley)

Head Coach: Michael Skibbe

Last year's record: 2-25

Key players:

Imperial Valley League

1) **Brawley Union** (Division 3, Brawley)

Head Coach: Mike Pacheco

Last year's record: 20-7

Key players: **Leona Garrett** 5'8" Junior F/C **Robles Kandace** 5'4" Junior G/F **Abbie**

Muller 5'8" Senior F/C

2) **Central Union** (Division 3, El Centro)

Head Coach: Patsy Enders

Last year's record: 14-9

Key players:

3) **Southwest** (Division 2, El Centro)

Head Coach: Joshua Razmus

Last year's record: 10-15

Key players: **Arika Suarez** 5'8" Junior C **Valerie Carrillo** 5'6" Sophomore F

4) **Calexico** (Division 1, Calexico)

Head Coach: Sal Cuevas

Last year's record: 10-12

Key players:

Mesa League

1) **Eastlake** (Division 1, Chula Vista)

Head Coach: Janet Eleazar

Last year's record: 18-8

Key players: **Cheyenne Curley - Payne Senior Diamond Mitchell Junior G Yvonte Neal**

Junior G

2) **Mater Dei** (Division 4, Chula Vista)

Head Coach: David Monroe

Last year's record: 21-6

Key players: **Ebone Henry 5'10" Senior G/F Jhazmine Lynch 5'6" Senior G Desrae**

Evans 6'1" Senior C

3) **Bonita Vista** (Division 2, Chula Vista)

Head Coach: Wayne Wooten

Last year's record: 22-8

Key players: **Amy Xander 5'6" Senior G Hannah Shafer 5'9" Senior F Nadia Cruz 5'3"**

Sophomore G

4) **Hilltop** (Division 2, Chula Vista)

Head Coach: Ray Jindra

Last year's record: 16-12

Key players:

5) **Chula Vista** (Division 1, Chula Vista)

Head Coach: John DeJesus

Last year's record: 15-13

Key players:

6) **Otay Ranch** (Division 1, Chula Vista)

Head Coach: Frank Huntington

Last year's record: 7-12

Key players:

Palomar League

1) Poway (Division 1, Poway)

Head Coach: Jay Trousdale

Last year's record: 27-4 overall; 8-2, second in league

Key players: sophomore forward Katie Kuklok (5-10) junior point guard Emily Lowe (5-6) Junior Katie Holiday (5-10), Junior forward Callie Rhoads (5-9) junior guard Kelsey Ciruzzi (5-7)

2) Rancho Buena Vista (Division 1, Vista)

Head Coach: Pete Lafrance

Last year's record: 9-19 overall; 4-6, fifth in Avocado League

Key players: senior point guard Michelle Sjodin (5-6), senior center Kelli Nolan (6-0) senior guard Marissa Limon (5-3) Senior forward Kaitlyn Quigley (5-10) senior guard Breana Hill (5-6)

3) Rancho Bernardo (Division 1, Rancho Bernardo)

Head Coach: Amy Peck

Last year's record: 11-17 overall; 3-7, fifth in league

Key players: junior center Laura Winter (6-0) guards Cassie Wickoff (5-6) Brittany Allen (5-6) sophomore center Madeline McIntyre (5-10). Sophomore guard Madison Jones (5-8) sophomore point guard Courtney Reynolds (5-7)

4) Carlsbad (Division 1, Carlsbad)

Head Coach: Randy Bull

Last year's record: 13-13 overall; 6-3, second place in Avocado League

Key players: forwards Samantha Hoyt and Sonia Ramos, center Katie Shafer and guard Corina Hecker

5) El Camino (Division 1, Oceanside)

Head Coach: James Greer

Last year's record: 11-18 overall; 5-5, third in Avocado League

Key players: Junior guard Katrina Valentine (5-6) senior forward Soliana Faapouli (5-9) junior point guard Sarah Duray (5-6) junior guard-forward Ashlie Washington

6) Vista (Division 1, Vista)

Head Coach: Jennie Dillon

Last year's record: 19-10 overall; 10-0, first in Avocado League

Key players: guard Alexis Anaya (5-6). Desiree Robinson (5-6) takes over at point guard while junior forward Sydney Gathright (5-8), a transfer from Georgia, and forwards Tyne McClure (5-10) and Tia Johnson (5-8) will also start.

South Bay League

1) **Montgomery** (Division 3, Chula Vista)

Head Coach: BJ Filamor

Last year's record: 18-13

Key players: **Felicia Pet** 5'3" Senior G **Britney Rose** 5'4" Senior G

Felicity Pet 5'3" Senior G

2) **Sweetwater** (Division 2, National City)

Head Coach: Heather Huckaby

Last year's record: 15-13

Key players: **Janine Fuertes** 5'1" Senior PG **Sarah Guerrero** 5'8" Senior G **April Cadua**

5'6" Junior SG

3) **San Ysidro** (Division 2, San Ysidro)

Head Coach: Manuel Boerner

Last year's record: 4-20

Key players:

4) **Mar Vista** (Division 3, Imperial Beach)

Head Coach: Nathen Major

Last year's record: 5-18

Key players:

5) **Castle Park** (Division 3, Chula Vista)

Head Coach: Armando Rodriguez

Last year's record: 7-17

Key players:

6) **Southwest** (Division 3, Imperial Beach)

Head Coach: Amanda Coon

Last year's record: 5-19

Key players: **Mariza Limbo** 5'5" Junior G **Angelina Wehbe** 5'10" Junior F **Karen**

Oliveres 5'8" Senior F

7) **Olympian** (Division 4, Chula Vista)

Head Coach:

Last year's record: 3-15

Key players:

Valley League

1) Mt. Carmel (Division 2, Rancho Penasquitos)

Head Coach: Robin Blalock

Last year's record: 20-12 overall; 6-4, third in Palomar League

Key players: Maggie Doremus (5-9), senior point guard, junior guard-forward Alix Johnson (5-10) senior forward Brea Matthews (5-10) junior forward Carly Voris (5-11). Junior forward Lauren Fricke (5-11)

2) Ramona (Division 2, Ramona)

Head Coach: Dan Marshall

Last year's record: 21-8 overall; 11-1, first in league

Key players: 6-0 forward Kathryn Owens, 6-0 forward Janet Nasman 5-8 physical forward Brylynn Garcia, Linze Cole (5-9) and Chelsea Maurer (5-8),

3) Westview (Division 2, Rancho Penasquitos)

Head Coach: Bob McHeffey

Last year's record: 28-7 overall; 9-1, first in Palomar League

Key players: senior center Ally Crocker (6-0) Sophomore point guard Melissa Peng (5-5) senior point guard Sara Matsumoto (5-4) junior guard Denise White (5-8), junior Kelly Haws (5-11) sophomore Taylor Suggs (5-10) forward.

4) Oceanside (Division 2, Oceanside)

Head Coach: Cameron Clark

Last year's record: 15-14 overall; 5-5, third in Avocado League

Key players: senior point guard Wisdom Hodges senior forward Shanique Reddick junior forward Brandy Brown Maryann Laumau (5-7), senior guard Brittney Small (5-8) junior guard-forward Brittney Brown (5-8). Junior forward Jacqueline Faasamala (5-8)

5) Valley Center (Division 3, Valley Center)

Head Coach: Tony Casillas

Last year's record: 5-22 overall; 0-12, seventh in league

Key players: senior guard Laura Markuson (5-8), senior forward Katie Wagner (5-9), senior center Danielle Thornton (5-11), senior point guard Becca Trudenrug (5-7) senior guard Katie Darland (5-6). Junior guard Regan Reilly (5-7) freshman guard Mariam Zabinski (5-6) .

6) San Marcos (Division 3, San Marcos)

Head Coach: Roger DiCarlo

Last year's record: 6-23 overall; 2-10, sixth in league

Key players: sophomore point guard Cassie Rubinstein (5-5) junior forward Lorin Farr (5-5). Junior forward Deprise Prado (5-8) sophomore forward Mackynzie Parry (5-6). Junior center Kristi Winter (6-3)

7) Orange Glen (Division 2, Escondido)

Head Coach: Chris Featherly

Last year's record: 15-13 overall; 6-6, fourth in league

Key players: Point guard Darlene Truong (5-5) forward Tiffany Parra (5-9), center Chelsea Brown (5-9) sophomore forward Hannah Klass (5-9). Senior guard Reema Hamze (5-6)

Western League

1) **Cathedral Catholic** (Division 3, La Jolla)

Head Coach: Melissa Padgett

Last year's record: 26-4

Key players: **Victoria Lippert** 5'11" Senior G **Christina Kime** 5'2" Sophomore G

2) **Our Lady Of Peace** (Division 3, San Diego)

Head Coach: Norm Guay

Last year's record: 23-7

Key players: **Ashlee Guay** 5'7" Sophomore PG **Ariel Meek** 5'7" Senior G **Evelyne Becerra**

5'8" Senior F

3) **Mission Bay** (Division 3, Mission Bay)

Head Coach: Jerome Bowman

Last year's record: 2-18

Key players:

4) **Lincoln** (Division 2, San Diego)

Head Coach:

Last year's record: 7-19

Key players:

5) **Scripps Ranch** (Division 3, Del Mar)

Head Coach: Nancy Moyer

Last year's record: 8-20

Key players: **Ally Swartz** 5'5" Junior G **Kaylah Miller** 5'5" Sophomore G **Deanna**

Kennedy 5'5" Senior G

6) **La Jolla** (Division 3, La Jolla)

Head Coach: Ty Eveleth

Last year's record: 9-18

Key players:

7) **University City** (Division 2, Scripps Ranch)

Head Coach: Mary McLaughlin

Last year's record: 14-14

Key players: